Effective Learning in the Age of Hybrid Work Agile Saturday Tallinn April 13th, 2024

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Happy to be here

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Why learning

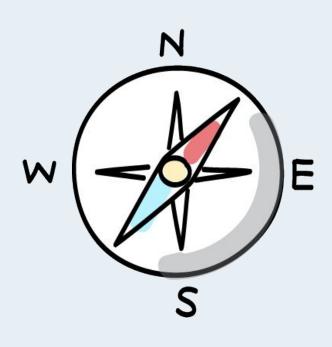
Learning is critical to succeed in the world today • Everyone needs to learn **3 new skills by 2030** • Skill development doubles employee retention • Employee turnover costs **billions every year** J. • Learning is the top motivator for employees





5th Principle of Agile Manifesto

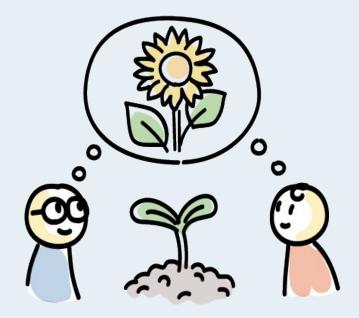
Build projects around motivated individuals. Give them the environment and support they need, and trust them to get the job done.



Autonomy







Purpose

NEW YORK TIMES BESTSELLER

"Provocative and fascinating." —MALCOLM GLADWELL

Daniel H. Pink

author of A Whole New Mind

DRS

The Surprising Truth About What Motivates Us

The Surprising Truth About What Motivates Us

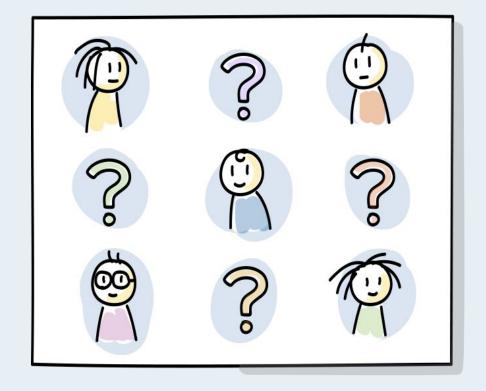
Why more skills

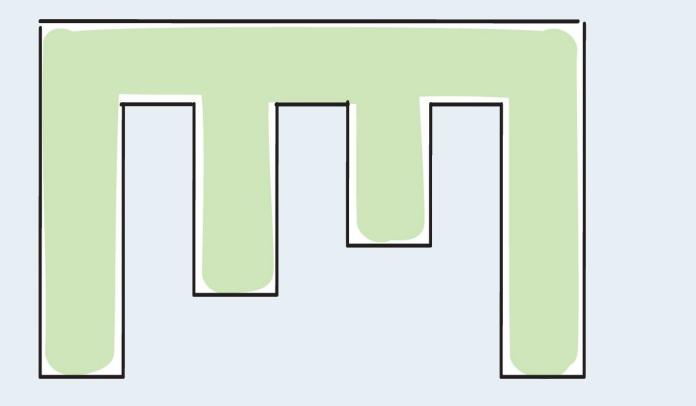
Project resourcing: the challenges of allocating people to work

- Finding people with the competences which fit that specific project
- Finding people who are available to work on that project
- Finding people who are willing to work on that specific project

Solution: Grow multi-skilled professionals

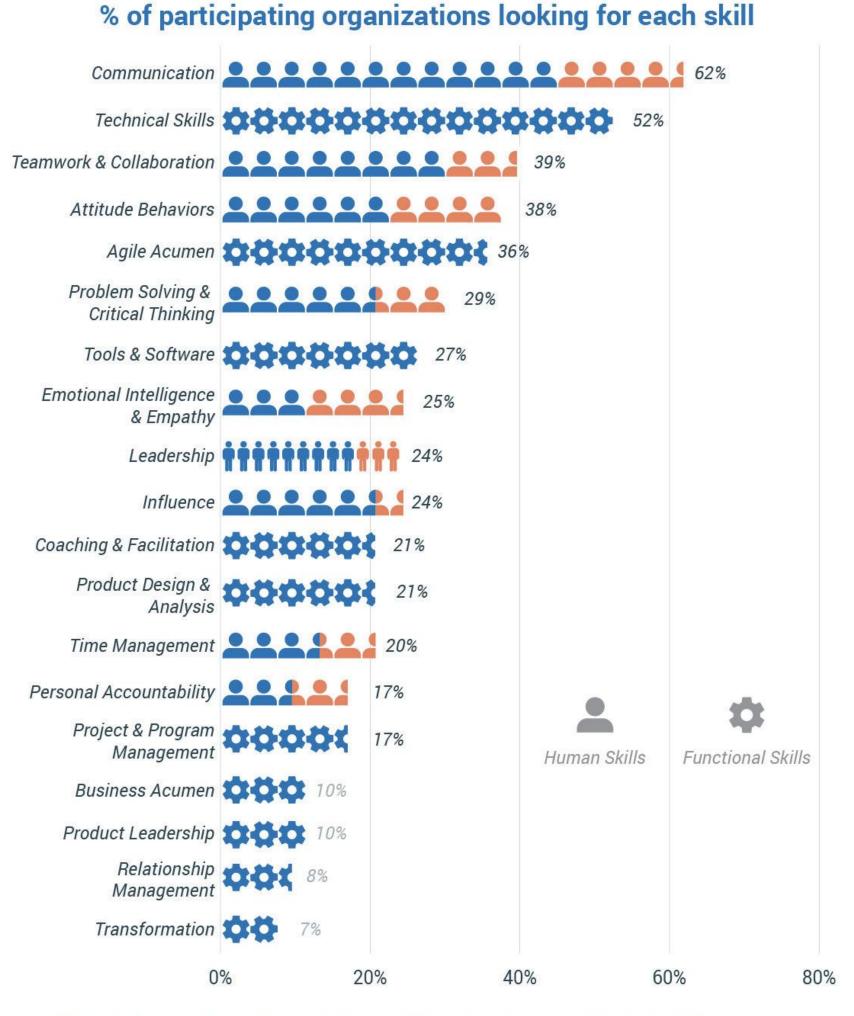






Leadership Culture

In-demand skills



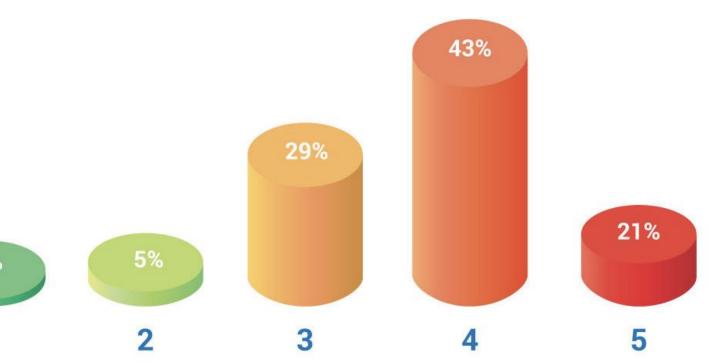
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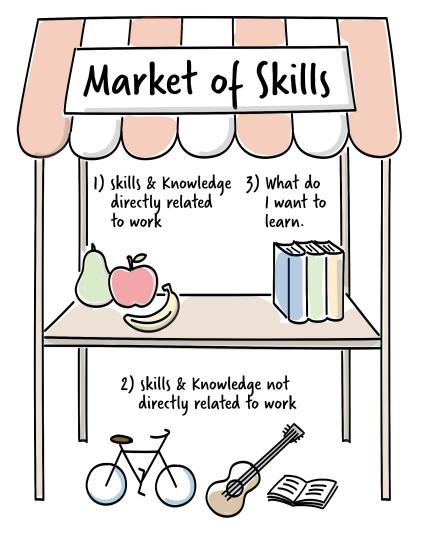
Explicitly asked for in job descriptions Unasked, but looked for during hiriing interviews



2023 Skills in the New World of Work report

How hard to find

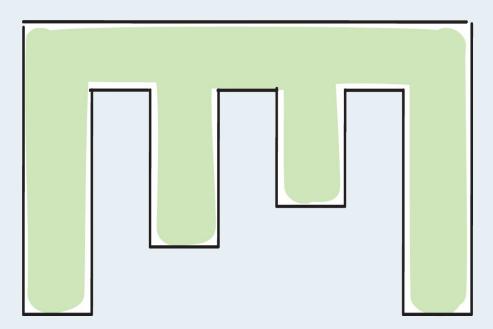




How to get hired in 2030

"If you take two people, one of them a *learn-it-all* and the other one a *know-it-all*, the *learn-it-all* will always **trump** the *know-it-all* in the long run"

- 1. Broaden your horizons
- 2. Deepen your knowledge





UPDATED EDITION

CAROL S. DWECK, Ph.D.



HOW WE CAN LEARN TO FULFILL **OUR POTENTIAL**

2 MILLION COPIES IN PRINT

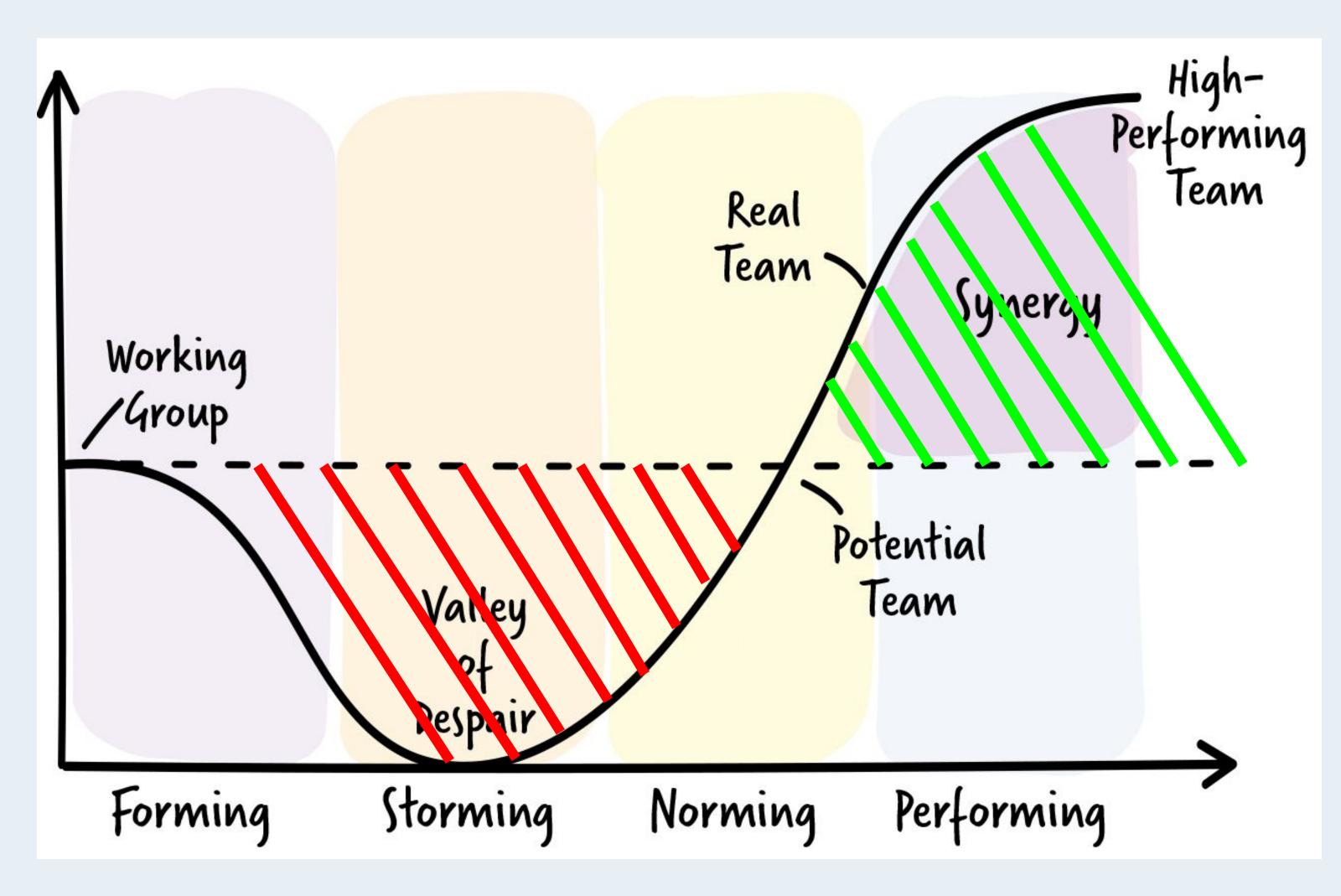
*parenting *business *school *relationships

"Through clever research studies and engaging writing, Dweck illuminates how our beliefs about our capabilities exert tremendous influence on how we learn and which paths we take in life." -BILL GATES, GatesNotes

Leadership Culture



The hype of creating teams





Prerequisites for synergy

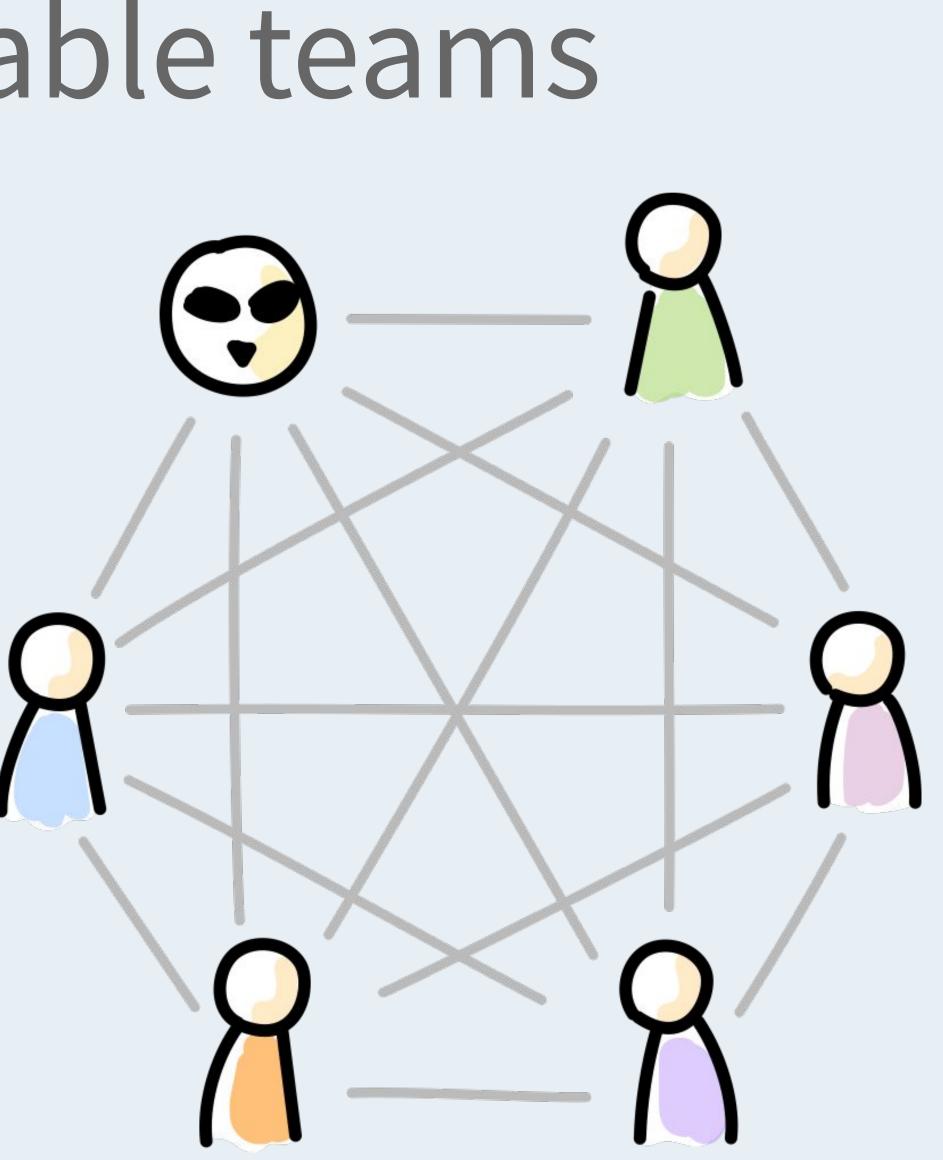
- Stable team
- Common Goal
- Need to collaborate
- Ability to help each other

Weick, K.E. and Roberts, K.H. (1993)

Leadership Culture Resilience

H. (1993)

Need for stable teams





R=n*(n-1)/2

R=Relationships

n=number of people

Autonomy and hybrid work

Three fundamental team competences to learn for autonomy:

- Ability to navigate **conflicts**
- Collective **decision making** processes
- Ability to give each other constructive feedback





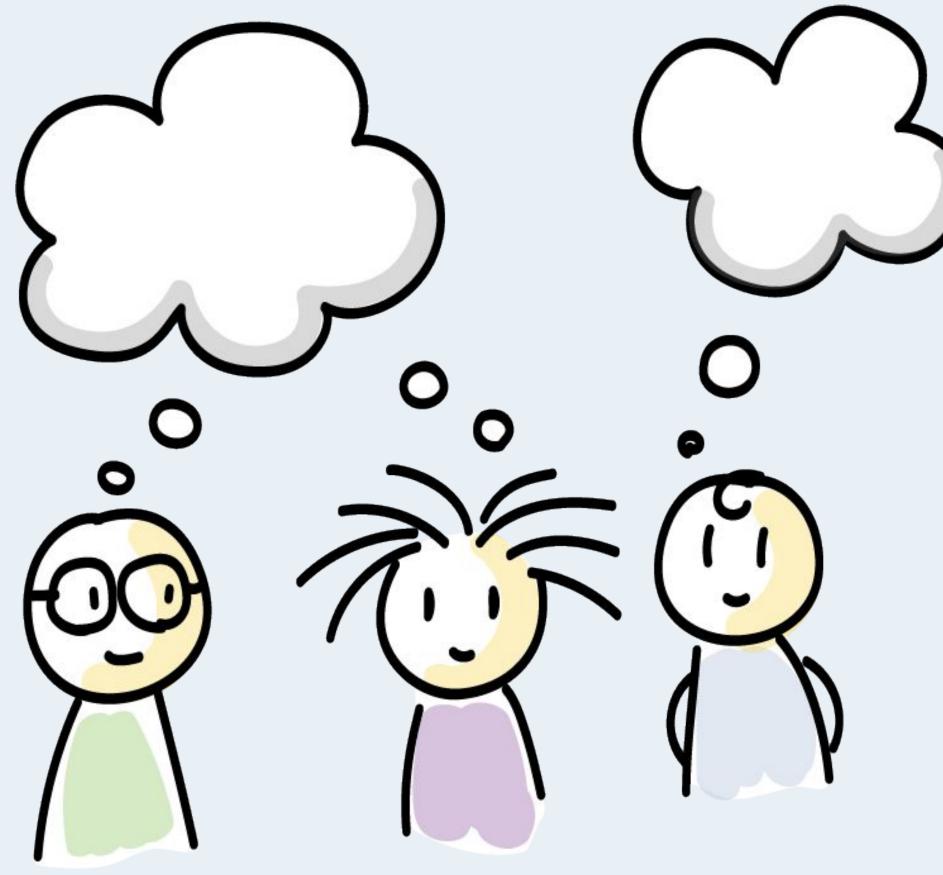
Conversation

- Why learning is important for you and/or your company?
- What challenges have you experienced?

Share with the person next to you







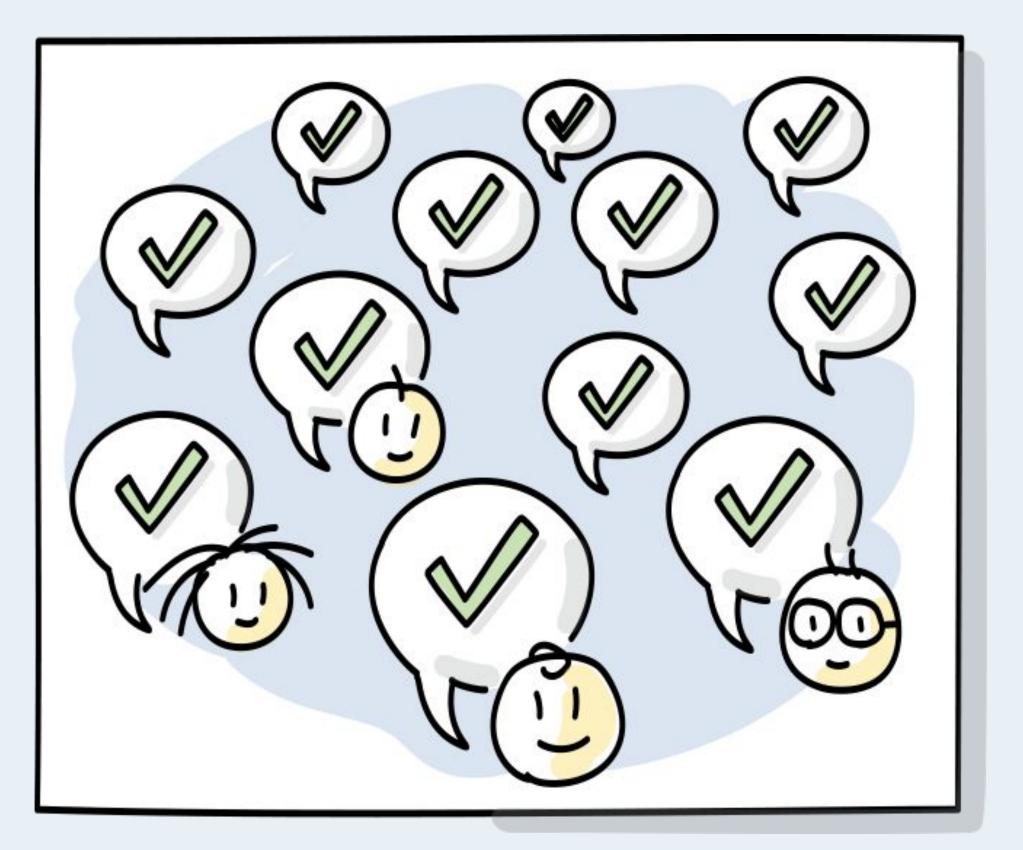


Our experience

What we learned from:

- Educating and coaching **15 000+ teams**
- Running **3 000+ classes**
- 50+ coaches and trainers
- 15+ years
- 40+ countries





Challenge #1

"The Great Training Robbery"

- Many education programs are ineffective
- Wasted time and money investment
- Passive consumption
- Don't address concrete job challenges







The 6 Trumps

Movement trumps sitting.

Have learners often stand, stretch, walk - anything that gets the body moving



Talking trumps listening.



Have learners summarize,

ask/answer questions, discuss

or share in pairs or small groups

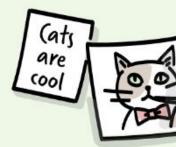


3 Images trump words.

Photos, icons, vignettes are

powerful learning and

memory tools





Writing trumps reading.

Have learners often take notes

or write post-its



5 Shorter trumps longer.



Divide your content-delivery

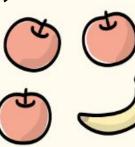
in max 20-min segments

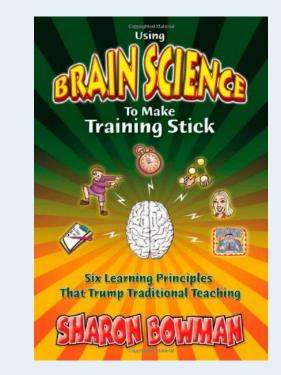
6 Different trumps same.

CHANGE ANYTHING! Format,

activities, elements in the





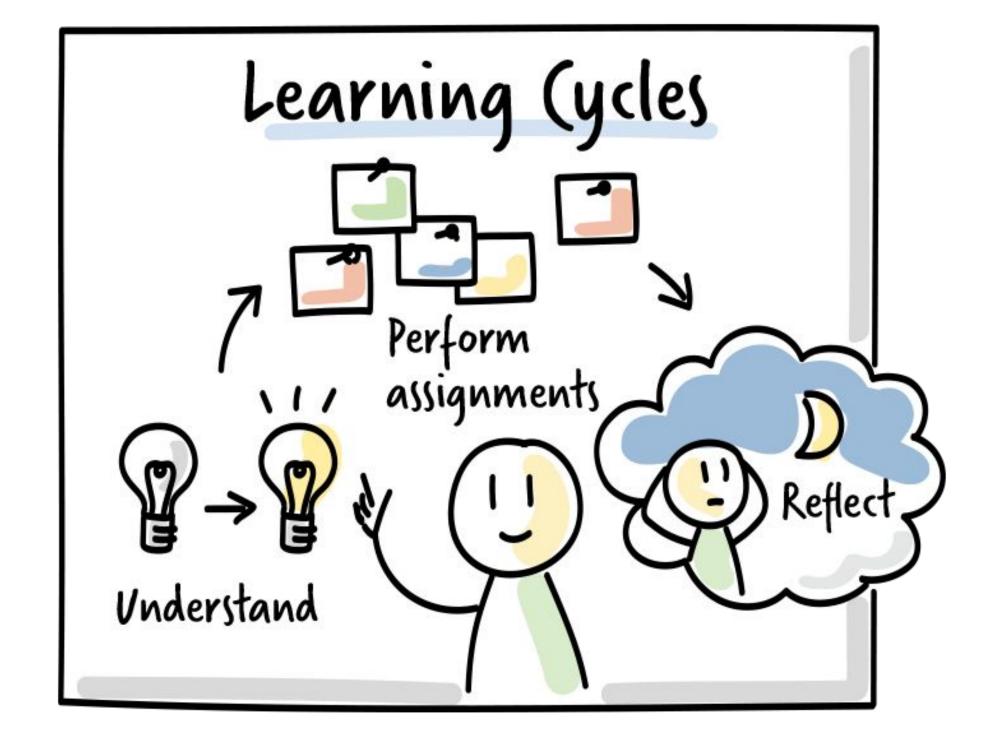


Accelerated Learning

Effective approaches for learning:

- Flipped responsibility
- Experiential learning
- Reflection and conceptualization
- Building relationships





Challenge #2

Individuals have different needs and preferences:

- A lot of push from the top
- Demanding compliance does not motivate
- Missed opportunity to care for people as human beings





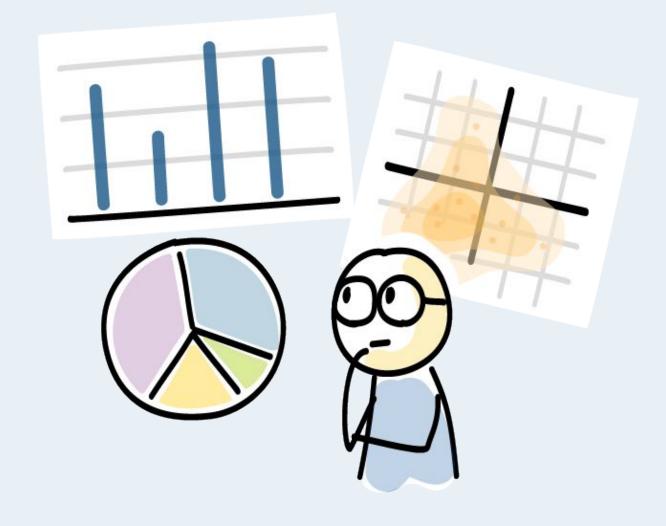


Culture and Leadership

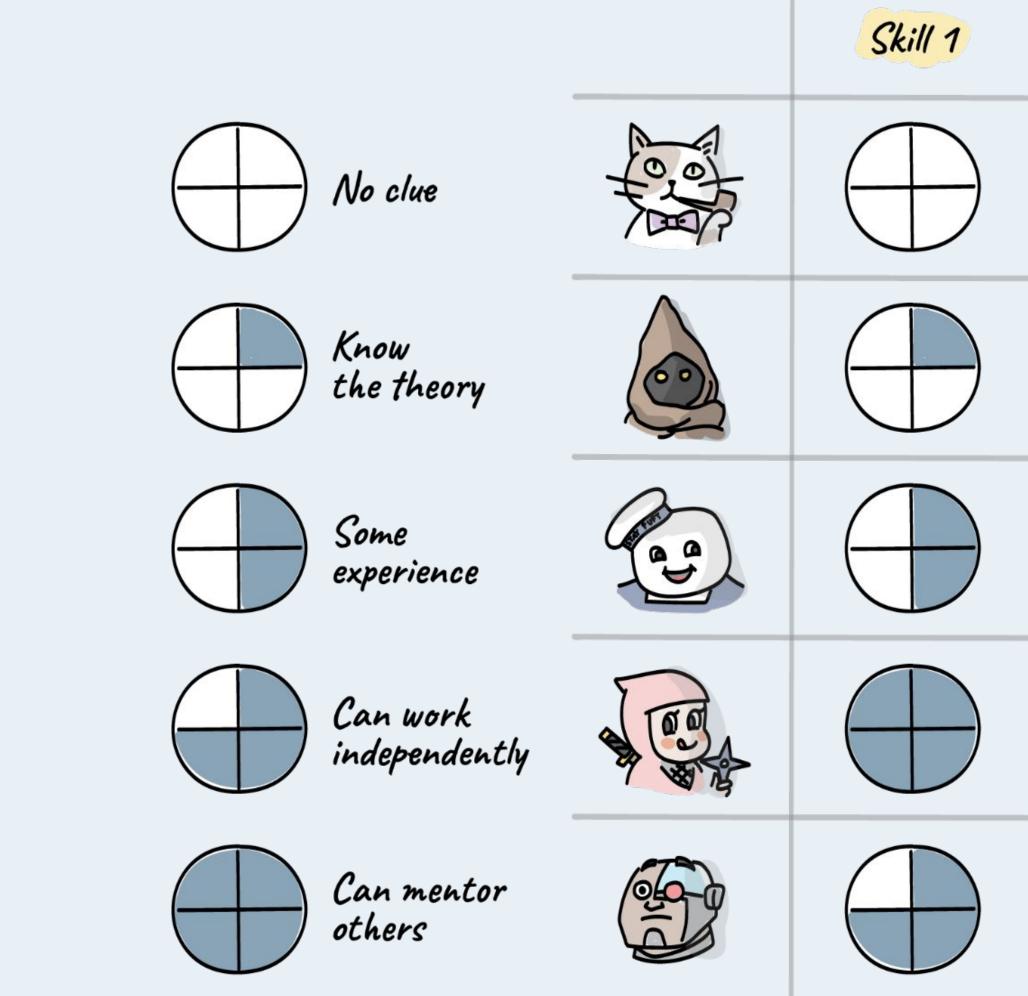
- How can you support engagement, learning and experimentation?
- How can leaders help people become the best version of themselves?







Simple tools can help sometimes





Skill 2	Skill 3	Skill 4	Skill 5
		\bigcirc	

Co-creation

Different learning for different people:

- Shared understanding of what, why and how
- Leveraging individual motivation to learn
- Respectful, not prescriptive

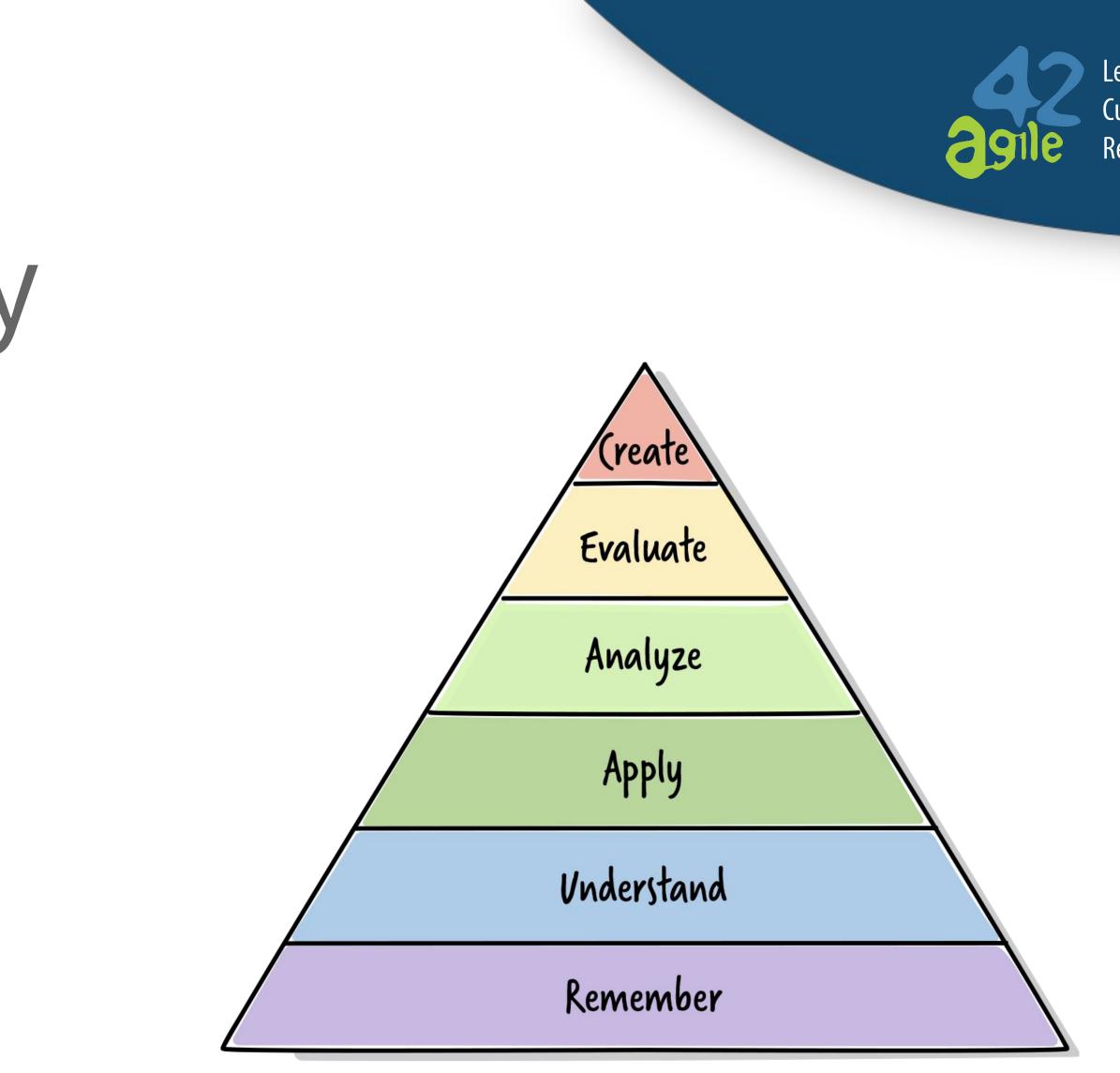




Bloom's taxonomy

And different learning objectives:

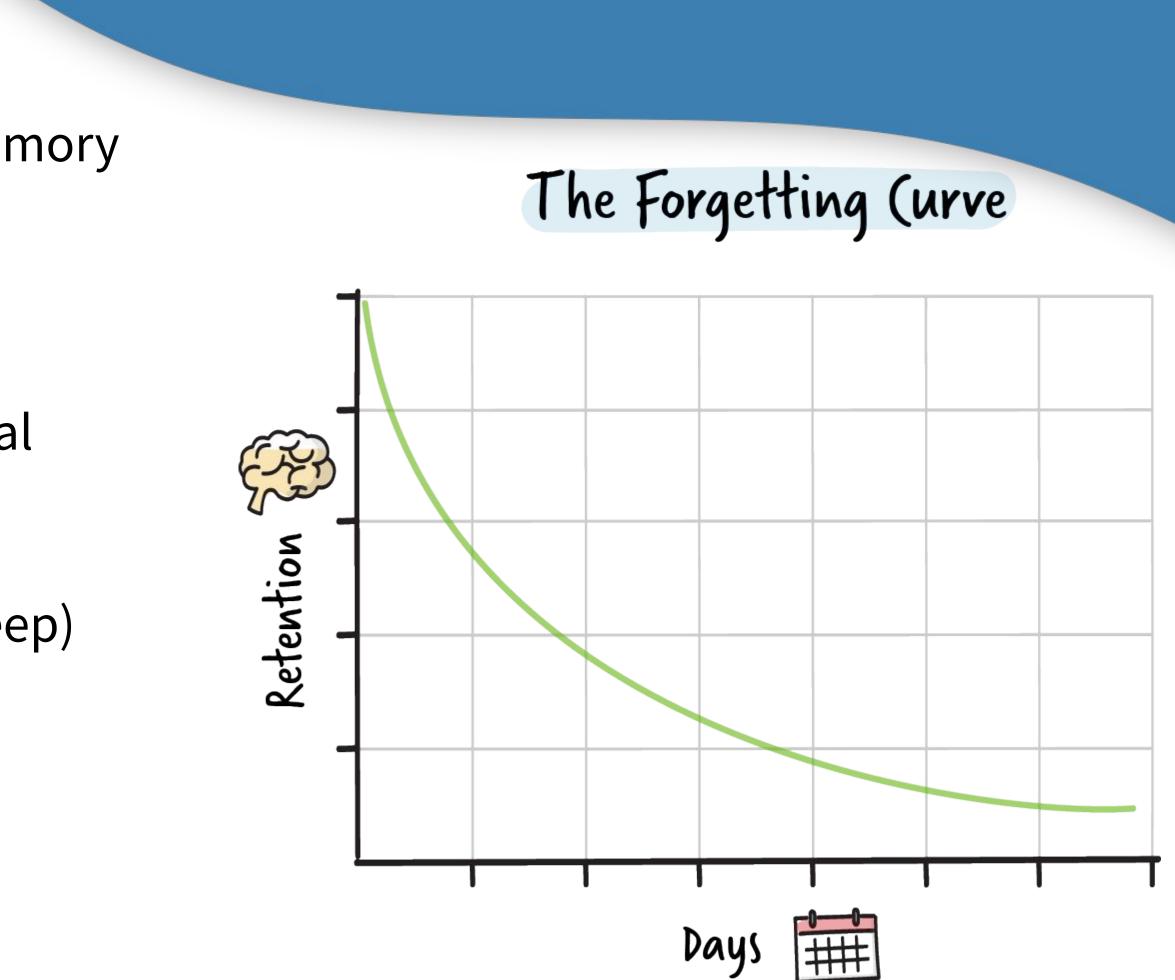
- Understanding the basics
- Successful application in practice
- Convince, guide or advise others



Challenge #3

Ebbinghaus forgetting curve:

- Humans tend to significantly reduce memory of new knowledge in a matter of days
- Various affecting factors:
 - Meaningfulness of the learned material
 - The way it is represented
 - Physiological factors (e.g. stress or sleep)





The neuroscience of retention

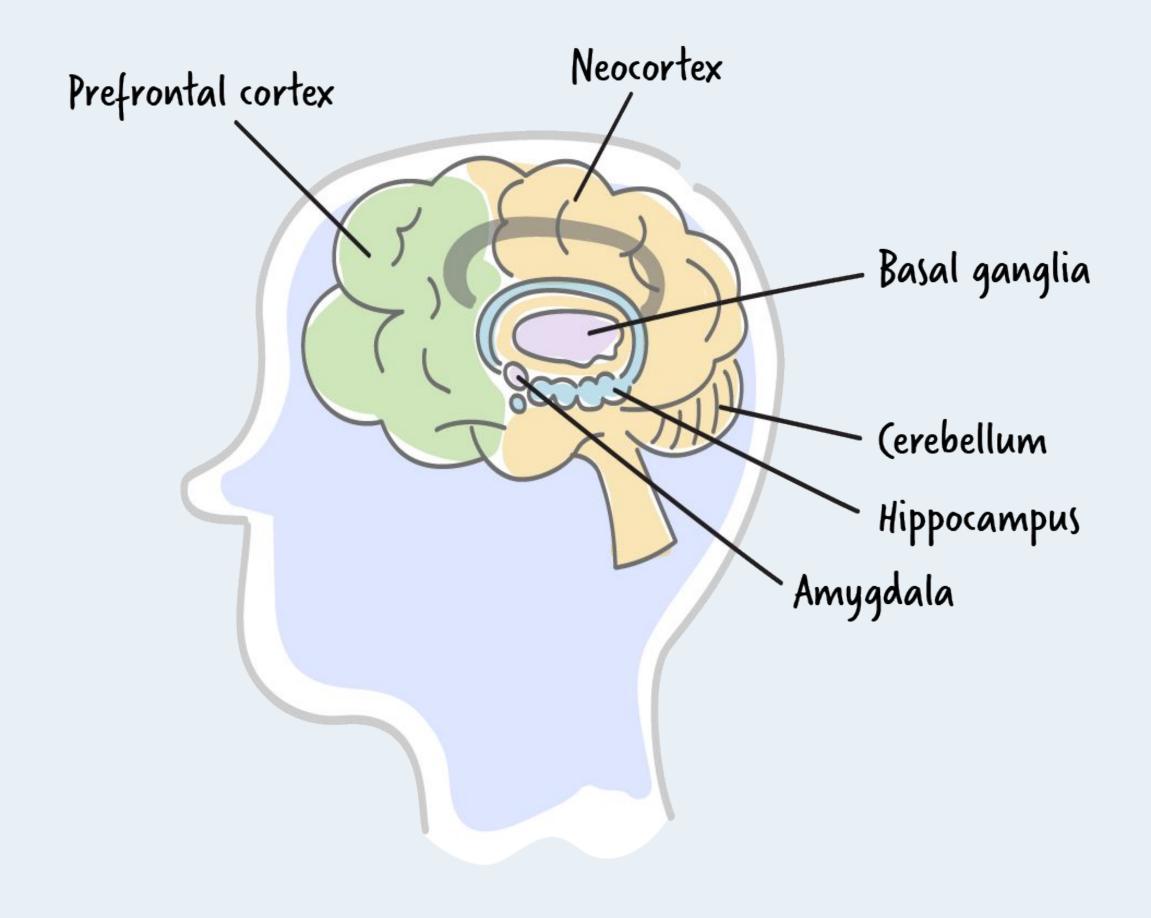
3 stages of knowledge retention

- Encoding
- Storage
- Retrieval

3 brain areas mainly involved

- Hippocampus
- Neocortex
- Amygdala

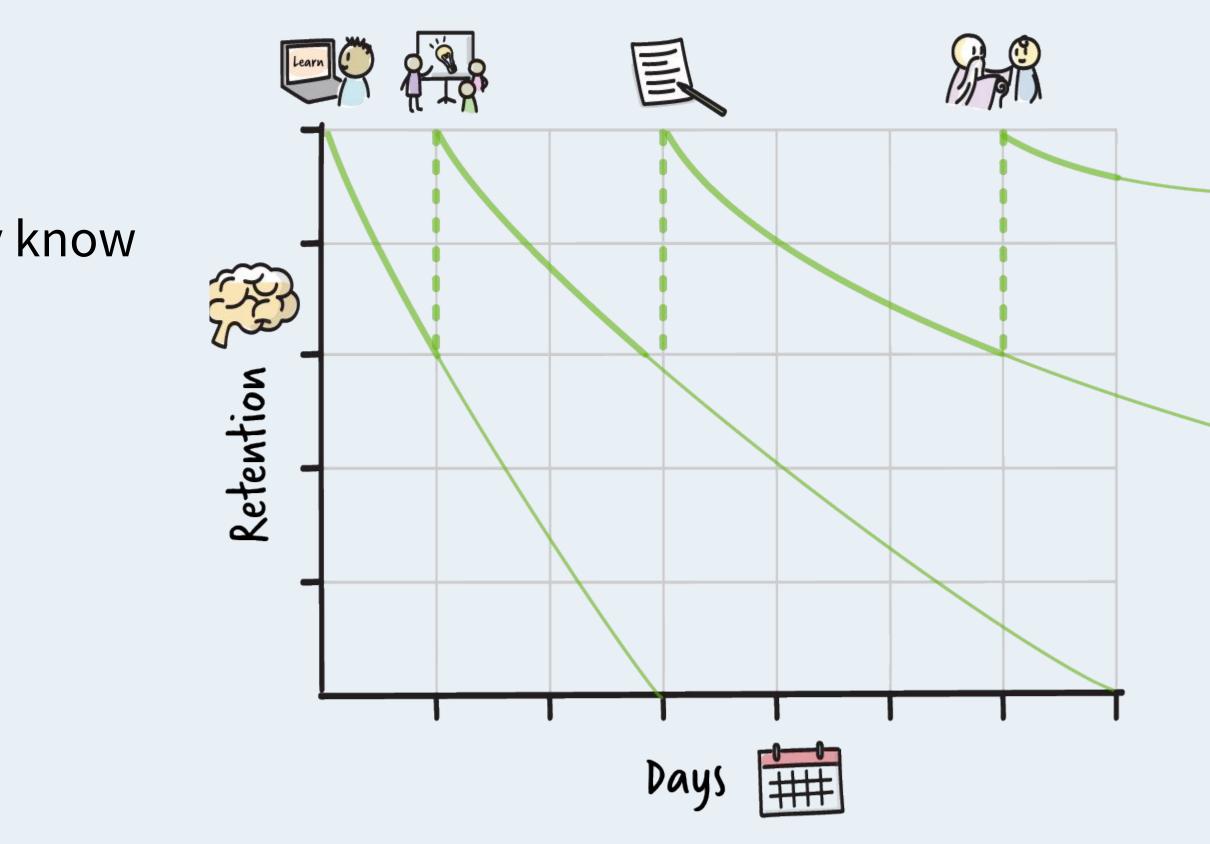




Overcoming the forgetting curve

- Reinforce the learning regularly
- Connect it to something learners already know
- Make it relevant for their job
- Deliver it in multiple ways
- Make it more fun and interactive

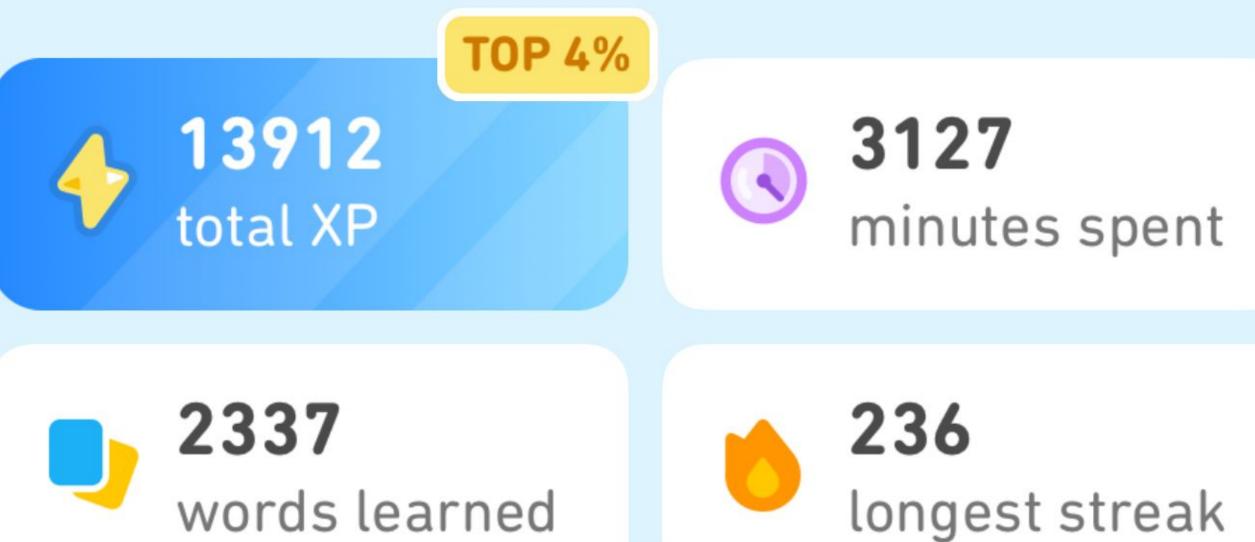




duolingo

2023 YEAR IN REVIEW

I'm a top 4% Swedish learner on Duolingo!



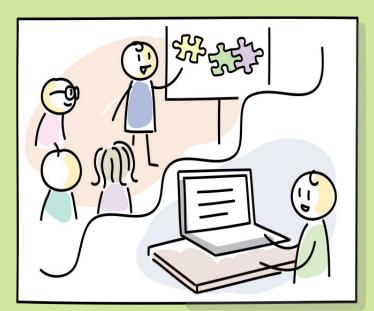


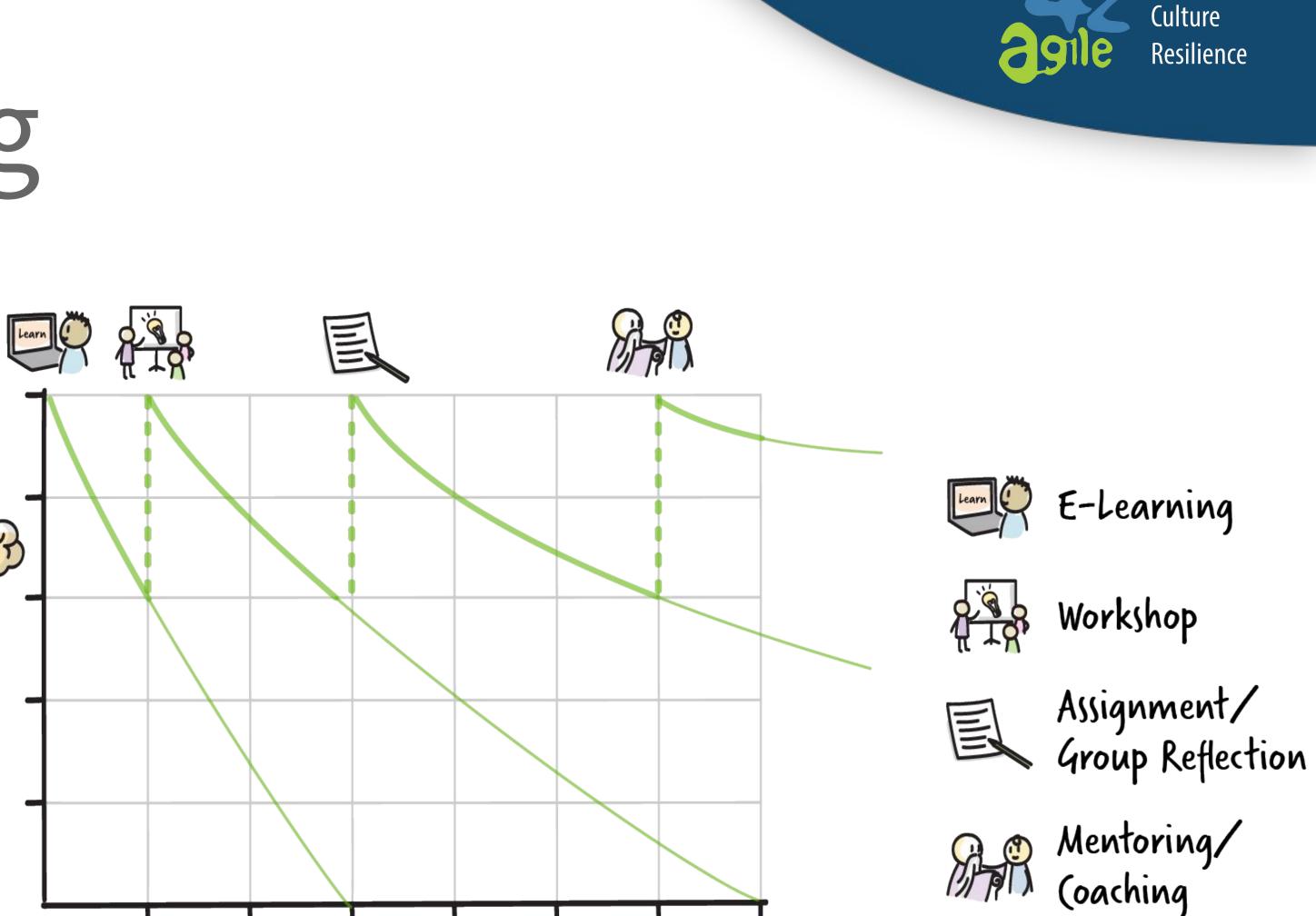


Blended learning

Retention

Not just online self-learning





##

Days

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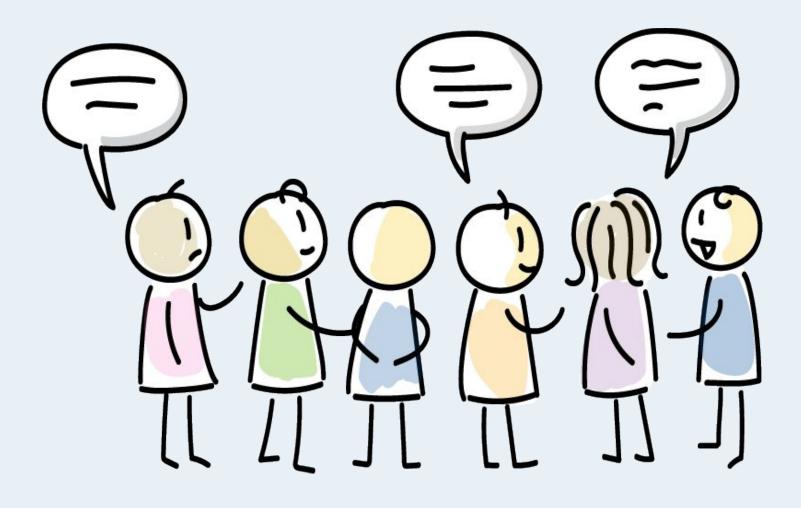


Leadership

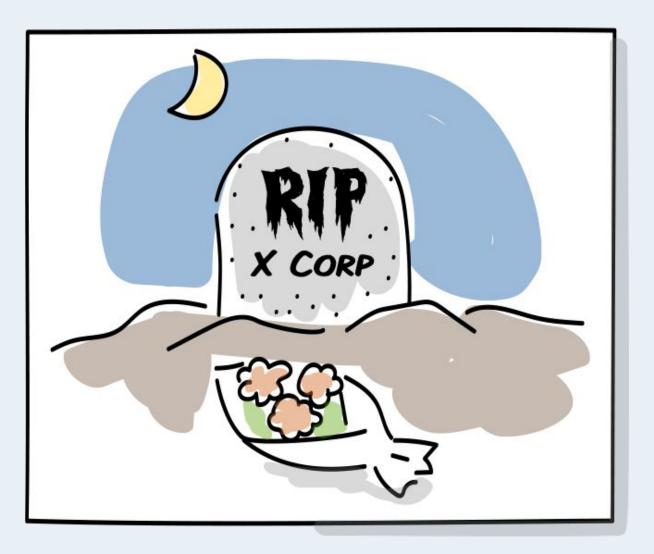
Case study

Large company:

- Several locations internationally
- Thousands of employees, different areas
- Pressure to shorten delivery cycles before it's too late!
- ... and they wanted training 🤔









"We want to be agile!"

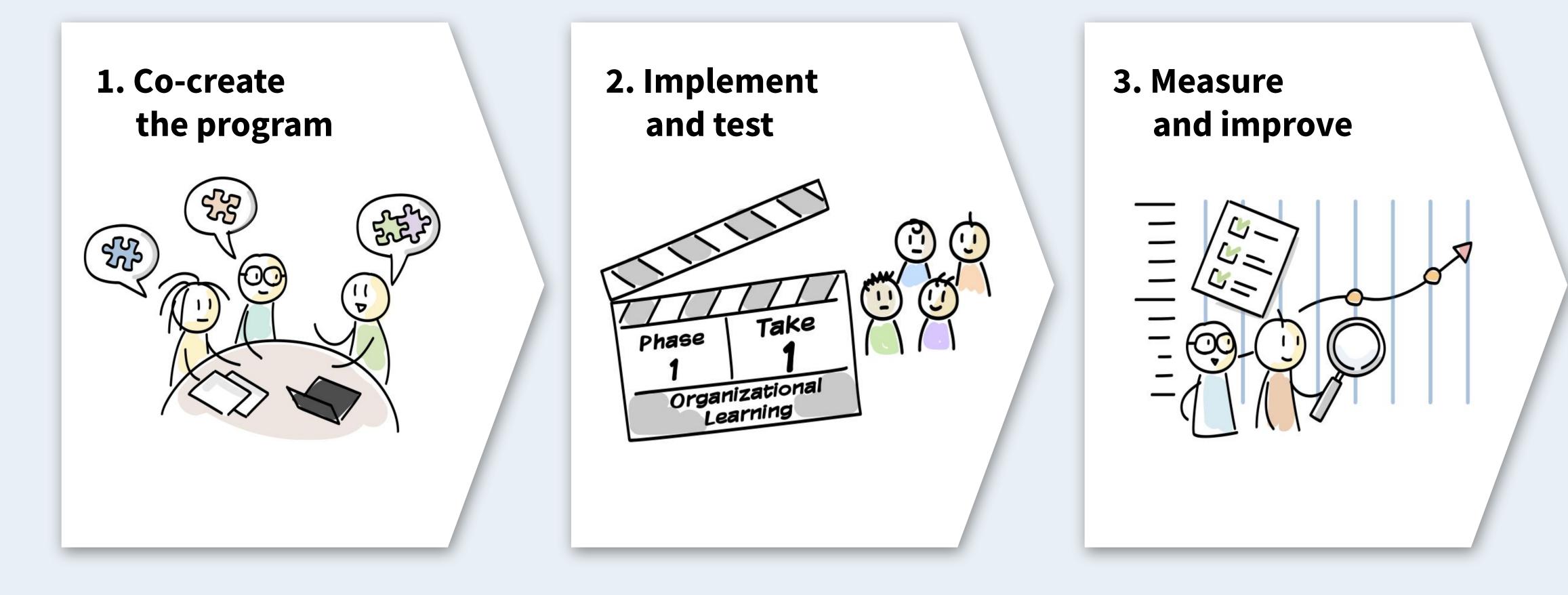
"We want to respond quickly to market changes!"

"We want to become more resilient!"

"We are using SAFe, but it is not working!"

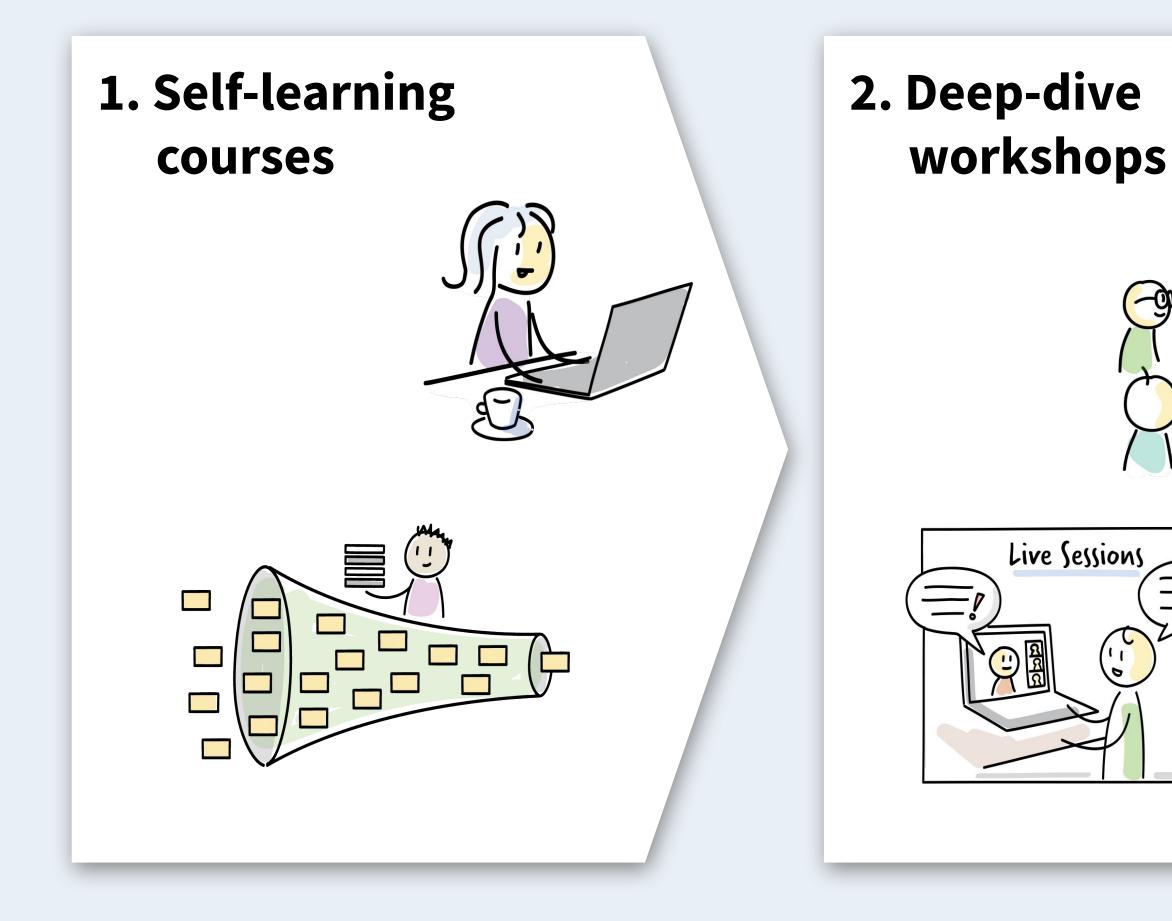
"We need employees to take on more responsibility!"

Three steps

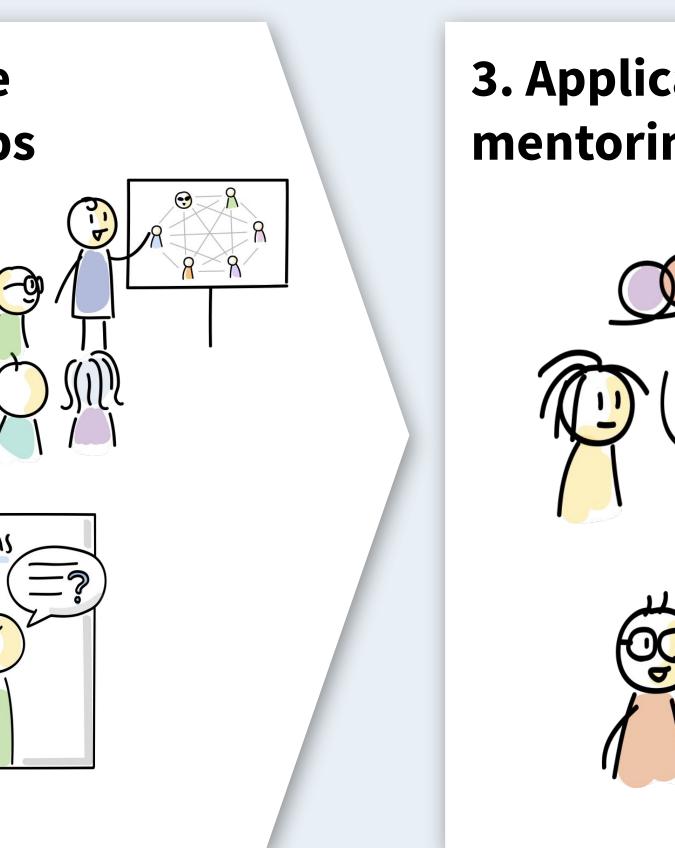




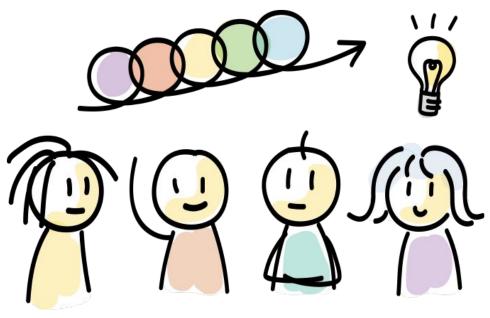
Learning journey







3. Application and mentoring





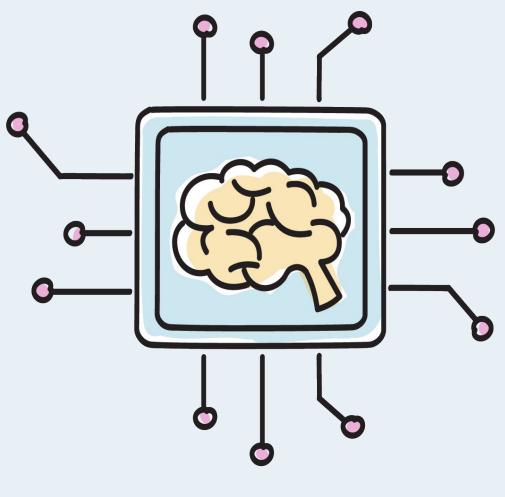
What about AI?

Endless opportunities

- E-learning creation
- Real-time tutors
- Role-play scenarios
- Coaching agents
- Planning agents
- Pattern analysis

.

• Product Management simulators





...and risks

- Focus on tools and processes
- Cargo cult

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- Excuse to cut jobs
- De-humanizing workplaces even more



What did you learn?





One word

Summary

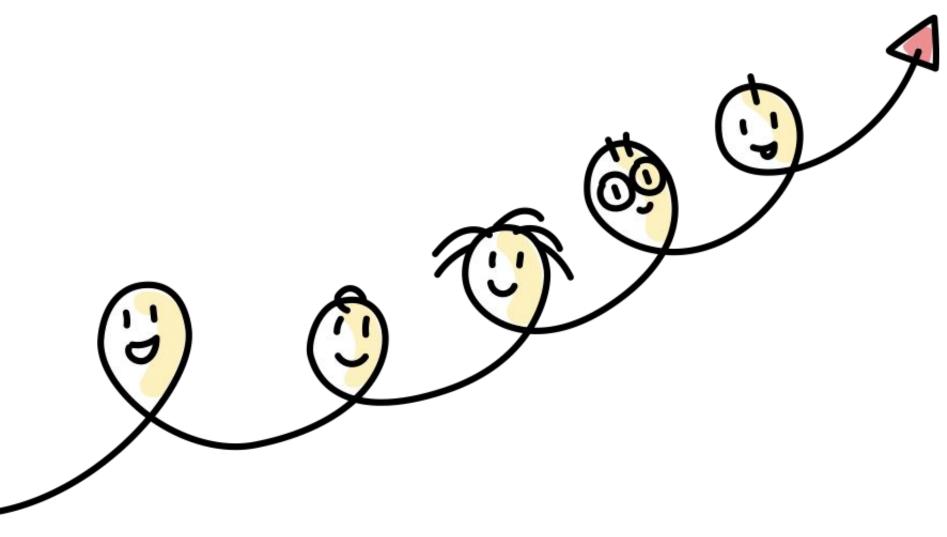
3 challenges to effective learning

- 1. Ineffective education programs
- 2. Individuals have different needs
- 3. Ebbinghaus forgetting curve



3 countermeasures

- 1. Accelerated learning
- 2. Co-creation
- 3. Blended learning



Thank you!







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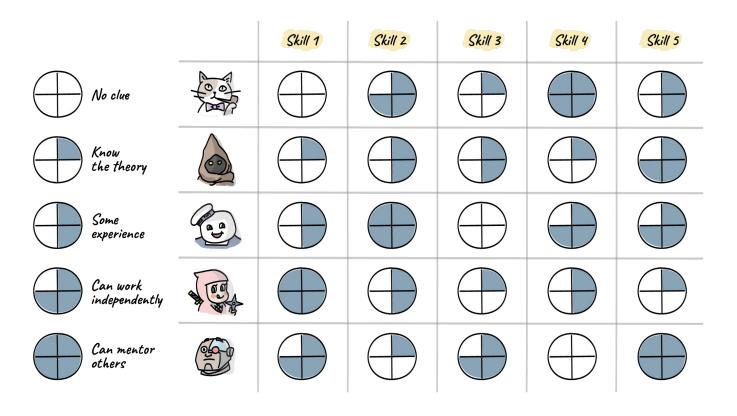
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